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 **Leadership Worthington
Newsletter**

April 2010

Enhancing the understanding of leadership qualities and developing individual and group leadership potential to help create a better Worthington area community.



Guest Writer

This month's guest writer is Mayor Harvey S. Minton, Mayor of Worthington.

FOR THE FUTURE

As a member of the Worthington community, and before I became Mayor, I was asked to be on a planning committee to consider the possibility and need for the establishment of an after school education program for students as an Education Foundation for the Worthington School System, as well as a leadership program for adults here in Worthington.

After substantial research and reviewing the positive and negative results of such programs, the planning committee was divided into three separate groups, and I chose the group working to establish an adult leadership program in Worthington. Nothing gets accomplished without leadership!

At that time, the opportunities to actually focus on the subject of leadership were rare. The 2 real opportunities I had to learn about leadership came when I studied leadership principles in the Advanced Air Force ROTC program at OSU and when I served as the area president of the Ohio, Michigan, Indiana and Kentucky Region of the National Student Association (NSA). In that job, I travelled to member and non-member colleges in the region, talking about the role of student leaders in Student Government and teaching the elements of leadership and its responsibilities at student regional seminars throughout our region and at National

Featured Event

Leadership Challenge

How strong is your team?

April 22nd
12:30-5:30PM

Space is limited. Call Leadership Worthington offices today to reserve your spot - 614-883-3057. This is a community event brought to you by Leadership Worthington.

Upcoming Events

First Wednesday' Gathering

Wednesday April 7, 2010
5:30 pm till _____

CHEESEBURGER IN PARADISE
8665 Sancus Blvd.
876-3607

Conventions. I could actually see the improvements in the student leaders and their student governments before and after the seminar trainings.

So, I enthusiastically supported the establishment of Leadership Worthington over 20 years ago.

There are two specific subjects that I wish to share about leadership. These come from experiences in college and law school. The first one is an article in the Wall Street Journal a number of years ago. It reported on a survey of CEO's of the largest 300 corporations in the United States. The question to them was "what do you believe is the primary reason for your success as a leader of one of America's largest industries?" The single response from 66% of the leaders was surprising to many: "I am a good communicator. I make the goals clear, and I listen to people."

The second short subject I want to share with you comes from my personal experience as a business lawyer for a number of years. I see dedicated leaders of successful businesses and organizations devote their entire lives to their organizations and do an outstanding job. However, when they retire, leave or pass away, the businesses fail. What did they overlook as excellent leaders? It was succession planning. The only way a group (or a business) will survive a change in leadership, is if the leader(s) have planned and trained his employees, workers or volunteers by gradually delegating more responsibility to them. They should expect to have some learning errors. A leader then works with the people to help them grow.

It has been a pleasure to see Leadership Worthington grow and celebrate its 20th year of training and motivating leadership in our own community. Congratulations and best wishes for the next 20 years.....and more!

Leadership Challenge

How strong is *your* leadership team?

***Leadership Challenge* is happening! Thursday, April 22, 12:30 pm – 5:30 pm. Space is limited. Call Leadership Worthington offices today to reserve your spot. This is a community event brought to you by Leadership Worthington.**

Challenge yourself on Thursday, April 22, from 12:30 and 5:30, in a half-day of innovative activities, designed to build your leadership potential and enrich your understanding of team challenges.

Leadership Worthington is offering a rare opportunity to

The time to meet each month to mingle with alumni and friends The opportunity to share good times about your LW class, and to encourage some prospects for a new class year in 2010-2011 Your Leadership Worthington alumni and community events committee looks forward to having you join us. Next gathering is Wed. May 5th...mark your calendar!

Service Day

Saturday, May 1st
9:00 am-1:00 pm

Remember...our annual Service Day is coming up! Give back to our senior citizen population by helping them get the odd jobs they need done.

Breakfast will be served by the Kiwanis Club of Northern Columbus starting at 8:00 am. at Kilbourne Middle School (next to the Worthington Library)

At 8:30 am, the winners of the Leadership for a Lifetime Awards will be announced. Nomination form on the LW website.

entrepreneurs, business leaders, and individuals who are interested in developing their leadership skills and exploring different ways of thinking about leadership.

Teams of 5-7 leaders are put- to-the-test with mental and physical challenges. Individuals leave with an assessment of some key skills in emotional intelligence, process planning and time management, learning/adapting, conflict resolution, ethical dilemmas, and more. Plus, they will receive a roadmap for future development.

Gather a team or bring yourself and join the challenge along with Leadership Worthington's current adult class participants. Space is limited, so act soon.

The Challenge is lead by Dr. Ted Sun, a world renowned leadership facilitator, and Lead Adult Faculty for Leadership Worthington.

Dr. Sun uses his research and education to develop and lead people from all backgrounds to achieve their dreams. Founder and Chief Dream maker of Executive Balance, Dr. Sun is also program designer for Europe's SMC University and holds appointments at seven universities across the world.

He is the author of two books, *Survival Tactics: The Top 11 Behaviors of Successful Entrepreneurs that lifts people into an abundant reality*, and *Inside the Chinese Business Mind: A Tactical Guide for Managers*, which focuses on diversity of thoughts.

Leadership Worthington's adult and youth programs aim to strengthen the quality of community leadership by enhancing the understanding of leadership qualities, developing individual and group leadership potential and promoting an understanding of issues facing its community.

Contact Joan Bird at execdir@leadershipworthington.org or call 614-883-3057 to reserve your spot in the games.

Calling All Volunteers for Service Day

Worthington Residents young and old are invited to participate in Worthington's annual Service Day, Saturday May 1. Volunteers will gather at Kilbourne Middle School at 8:00 am for breakfast and go to job sites at 9:00. Volunteers work in small groups throughout the community between 9:00 am and 1:00 noon.

"Volunteers help senior citizens and individuals who need assistance with home and property chores," explains Joan Bird,

executive Director of Leadership Worthington, sponsor of Worthington's annual Service Day. "It's a day to give back to the community by helping others. That may mean cleaning windows, mowing lawns, raking flower beds."

Individuals, families, and youth groups are welcome and assigned one or more jobs as they arrive. No registration is required. Workers under the age of 18, however, must be accompanied by an adult.

Breakfast is served, compliments of the Kiwanis of Northern Columbus, beginning at 8:00 am. During breakfast, the 2010 Leadership Worthington Leadership for a Lifetime Awards are announced. Groups will head to job locations beginning at 9:00 am.

LW Alumni Highlights

Leadership Worthington's tag phrase is Discover Your Potential. Here's an update of those doing just that.

JoAnne Labuda, Class of 1993

I have been asked me to write what has happened in my life/career since graduating from Leadership Worthington in 1993.
A lot!!

I've been very fortunate and had a great business career and life, so it is hard to write about these and not sound like I am bragging...
But here goes....

I've worked with great people at two of my former brokerages in Worthington and now am an owner/agent of Keller Williams Capital Partners Realty. Leadership Worthington helped me mature in my business life so that when Keller Williams came to Ohio, I was fortunate enough to have the opportunity to own my own business. We have 150 great agents, offer the highest level of real estate education (a Leadership Worthington staple) and subscribe to a culture of sharing and caring. (Another part of LW). I have been with Keller Williams almost 8 years and literally love going in the office on top of helping individuals and families achieve the American Dream - home ownership, every day. I can't recommend Leadership Worthington enough to anyone early or seasoned in their career or job. You will learn to walk the walk of leadership which can only lead to success in your business, career and life.

Community Dialog Update

Do Your Emotions Need a Spring Cleaning?

"What is the most destructive emotion?" asks a group participant.

“Whatever high emotion that does not get expressed, is the most destructive”.

Participants of Leadership Worthington’s Community Dialogue, held March 31 at the Old Worthington Public Library, explored this question at the “Do Your Emotions Need a Spring Cleaning?”. Facilitated by Dr. Ted Sun, lead faculty for the organization’s adult leadership program, the discussion centered on difficult emotions. Sadness, regret and frustration were some of the emotions volunteered for discussion.

“Reframing some healthy perspectives“, explains Dr. Sun, “allows individuals to get beyond these emotions.”

Members of the group did a quick assessment of their understanding of their intellect, emotions, body and systemic consciousness. From there they examined how they can learn from every day ups and down instead of paying the consequences of wrestling with them.

“I didn’t expect to gain so much from this discussion,” proclaimed one participant after the dialogue. “I have a lot of great stuff to think about now,” declared another.

Leadership Worthington periodically offers to the public an opportunity to explore leadership and personal development topics in its Going Beyond the Surface of Leadership series. The topics are not usually taught or discussed in traditional business leadership courses.

Dr. Sun is a world renowned facilitator, author, entrepreneur, program designer for Europe’s SMC University and hold appointments at seven universities across the world.

Stay tuned to the Leadership Worthington website for future Community Dialogue dates.

Adult Program Update

The class visited four different businesses during their Facing challenges of businesses session. They learned about the value of intrinsic and extrinsic motivators on employee learning and engagement. Matt Greeson and Kathryn Paugh were present to debrief the class on their visit and further discuss the impact of the coming income Tax changes.

The ethics session was as lively and challenging as it can be. Two established experts from the nutrition and financial industries provided incredible controversial perspectives. The class explored their own paradigms of philosophical thoughts, while exploring the practice of keeping an open mind.

For more information about our Adult program please call Joan Bird at (614) 883-3057.

Youth Program Update

High School Leadership Spring Program Leadership Worthington's High School Leadership Program just completed its 2010 Spring session. Twenty-nine students from Thomas Worthington High School, Worthington Kilbourne High School and Village Academy graduated on Sunday, March 14.

John Jordan was the keynote speaker. John Jordan is a native of Worthington and a graduate of Worthington High School's final class in 1991. He has his Bachelor's and Master's Degrees from The Ohio State University in Social Studies Education, and began with Worthington Schools as an academic assistant in 1995. Since then, he has taught all of the required courses in Worthington's Social Studies curriculum, as well as AP U. S. History, AP European History, and HomeBASE Government at Worthington Kilbourne High School. He has served as an advisor to multiple student organizations and will take the position of Head Freshman Football Coach at Worthington Kilbourne next fall. He also serves on the board of trustees for Partners for Citizenship and Character.

During the graduation, students presented their community service projects. Projects included working with children, youth and the elderly, helping at local food pantries and animal shelters, Special Olympics and fundraising for juvenile diabetes. Each student received a plaque from Leadership Worthington honoring their participation and for their volunteering efforts in their community service projects. The graduates also received

letters of commendation from Governor Strickland for their community work and leadership skills.

Looking Ahead to the Summer 8th Grade Youth Program:

Leadership Worthington will be sponsoring two summer workshops for youth entering into the 8th grade in the fall of 2010. Students can choose either the **First Session** on June 17, 2010, Thursday - 9:00 AM to 4:30 PM, June 18, 2010 Friday- 9:00 AM to noon or the **Second Session** on August 13, 2010 Friday- 9:00 AM to 4:30 PM, August 14, 2010 - Saturday, 9:00 AM to noon. For more information please contact the Leadership Worthington at 883-3057.

2010 Spelling Bee:

Helpers at the 5:00 Youth Bee:

Andrea Barton, WKHS

Vicki Simons, WKHS

Participants in the 7:00 Adult Bee:

Adam Wolfe, TWHS

Russell Gilabert, WKHS

Rosen Eldadah, WKHS

Alternate: Aaron Berlin, TWHS

Leadership Moments

"Ah-has", tried and true tips to help individuals lead and guide with a new insight to administer, direct, share and comment.

Leading with Presence

Give people a reason to believe in you.

Radiate confidence as well as optimism.

Exude calmness in the face of adversity.

Demonstrate passion and commitment for the work.

Show appreciation for the work of others.

Teach others by setting the example for emerging leaders to follow

Leadership Opportunities

Books for Adults

Lasting Change

The Shared Value Process That Makes Companies Great.

(Lebow & Simon)

What Happy Companies Know

How the New Science of Happiness Can Change Your Company for the Better

(Baker, Greenburg, Hemningway)

Enlightened Leadership

(Oakley & Krug)

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