

# Presenting

## **Leadership Worthington's Community Dialogue with Dr. Ted Sun**

**World renowned facilitator - making Leadership  
Worthington unique, among community leadership  
programs!!!**

**Wednesday, March 31, 2010  
Old Worthington Public Library  
7:00 pm - 8:30 pm**

**(see parking instructions below)**

### ***Learning How to Deal with Negative Emotions: 3 Ways to Cope with the Economic Times***

Are you dealing with difficult co-workers? Or working through a job loss? Or experiencing stressful relationship? Please join us for a stimulating dialogue with helpful ideas for coping in difficult times!

#### **This community dialogue helps participants:**

- Reframe healthy perspectives
- Create wise choices
- Enhance relationships with others
- Understanding emotional intelligence
- Develop emotional literacy

**Dr. Ted Sun is** Leadership Worthington's Adult Lead Faculty, world renowned facilitator, author, entrepreneur, program designer for Europe's SMC University and holds appointments at seven universities across the world

**Please park on Hartford and Stafford Streets or in Kilbourne Middle School parking lot across the street off Hartford**