

2008-2009 SCHEDULE
Transforming Self and Your Reality

This year's program will maintain the dual tracks designed for your unique interests: municipal and business leadership; it will also delineate two distinct sections of the program: knowledge acquisition and practicing leadership. The **knowledge acquisition (in green)** focus on learning new topics that takes the class through the first half of the program; **the practicing leadership portion (in blue)** of the program gets out into the community and seeks to make a difference.

	Session Topic	Session Descriptions	Dates
1	#1. Opening dinner & Retreat: Shifting your beliefs about self, others people, and life through balanced leadership	<p>A potluck will start the program with orientation. Systems thinking, communication modalities, epistemology, and life balance are some of the topics covered in this session.</p> <p>The class will have the opportunity to meet and network with the LW Board of Directors over lunch.</p>	09/18/2008 6:30 – 9:30 pm 09/19/2008 9:00 am – 5:00 pm
2	#2. Worthington Historical Tour	A local historian will provide an overview of Worthington's history. Then, the City Manager and other city officials will lead the class on bus tour of the known and less-known corners of our community. Our historian will join us to highlight some of the historical landmarks and buildings.	10/4/2008 8:30 am - 1:00 pm
3	#3. Enhancing Communications and Enrolling the Masses in your Vision	The class will examine the qualities of effective communication in the context of community leadership with a specific focus on body language. A framework for organizing presentations will be presented to help guide project teams in the preparation of their group projects. <i>Human change theories</i> are also discussed. Peer coaching models are presented and applied with each learner receiving mentors.	10/9/08 12:30 – 5:30 pm
4	#4. Leadership I: Transforming a	Introduction of <i>Transformational leadership, Educational Psychology, reductionism and</i>	11/6/08 12:30 – 5:30

	stressful reality systemically	<i>duality vs plurality</i> . Learners will apply these theories in class real life experiments.	pm
9c	#9c. Understanding Childhood development: Enabling leadership mentality in the early years	Learning the journey of childhood development from a leadership perspective provides parents the key to long term success in any field. Learners will begin to construct a developmental process (Scaffold) for children's healthy mental framework to see an empowered reality.	11/13/08 12:30 – 5:30 pm
5	#5. Going beyond the content to see the context of our educational system	This session will orient the class to the public school structure in Applying some of the basic principles in <i>educational psychology</i> , Worthington. Learners will visit 2 schools and participate in the classroom experience. The class will hear from the Superintendent, Treasurer and a member of the Board of Education to learn about their responsibilities and challenges. Actions plans are drafted to address the challenges mentioned.	11/20/08 12:30 – 5:30 pm
6	#6. Analyzing the Worthington Municipal system	Meet with various city municipal leaders to get a further understand of our <i>city governance and functions</i> . Learners will observe an actual city council meeting on funding of non-profit organizations.	12/4/08 4:00 – 9:00 pm
7	#7. Leadership II: Mastering Conflicts within human relationships	<i>Multiple intelligence, conflict management principles</i> (learning to work with both external and internal conflicts), <i>neurobiological studies (how your brain works)</i>	12/18/08 12:30 – 5:30 pm
8	#8. New-Year Retreat: Folding the Future into the Present and rejoicing in your growth	<i>Goal theories, Reflective leadership, theories of empathy and self-esteem</i> are covered.	1/9/09 9:00 am – 5:00 pm
9a	#9a. Facing Challenges of Leaders in Worthington Municipal Structure	A panel of leaders from Worthington and our community will discuss the demographics, structure, issues and interactions of the municipalities that compose greater Worthington. Leadership opportunities within the community is identified.	1/15/08 12:30 – 5:30 pm
9b	#9b. Workplace	Introduction of <i>Slowing Down</i> , each	1/22/09

	Diversity: Creating Healthy People Systems	individual will assess the diversity inside each person. Learners will experience many different cultures and solidify this learning through their taste buds.	12:30 – 5:30 pm
10c	#10c. Building a Leadership Empowerment System: Holistic feedback and learning how to learn from an emotional development perspective	For children to achieve success, self-esteem is a key concept that drives empowered thoughts. This session will focus on a knowledge creation process for learners to design for their children. The process will enable children the context of a master learner.	1/29/09 12:30 – 5:30 pm
10a	#10a. Creating a sustainable business: leading organizational knowledge	Introduction to <i>Knowledge management, innovation, leading/empowering employees, conflict “management”, loyalty methods and adult learning theories</i> from a business perspective. Learners will have the opportunity to apply these theories to their environment.	2/5/09 12:30 – 5:30 pm
10b	#10b. Understanding Challenges facing Boards & Commissions	Meet with city boards and commission leaders; establish relationships with municipal leaders	2/12/09 12:30 – 5:30 pm
11	#11. Leadership II: Defining Your Ethics & Seeing the Challenges of a Capitalist System	The class will explore the complexity of leadership ethics. <i>Multiple ethical theories</i> are introduced. Learners will understand the difference between the foundations of <i>scarcity/fear and abundance/inspiration</i> . Learners will learn how to enable ethical behavior from all individuals.	2/26/09 12:30 – 5:30 pm
12	#12. Experience Area Businesses Challenges and Business Development	Introduction to the N.I.C.E. concept. The class will visit area businesses in small groups and will interview company executives to learn their challenges. Each group will conduct <i>root cause analysis</i> and derive an action plan according to <i>systems theory</i> . Following the tours, the class will reconvene with the Worthington Chamber of	3/12/09 12:30 – 5:30 pm

		Commerce President to discuss the economic vitality of Worthington.	
13	#13. Boardsmanship & Facing the Challenges of Non-profits in Worthington	Class will further study the application of <i>Socratic methods</i> in leadership in application to <i>root cause analysis</i> and individual empowerment. Introduction to non-profit organization; In small groups, the class will visit two social service organizations in the Worthington area to learn about the needs these organizations address in our community, the challenges they face.	3/26/09 12:30 – 5:30 pm
14	#14. Leadership Challenge / Reflecting on a leader's journey	The class will lead teams in the community in a fun day of activities to challenge their ability to lead.	4/23/09 12:30 – 5:30 pm
15	#15. Service Day	The class will engage with the community with a hands-on experience.	5/2/09 8:30 am – 12:00 pm
16	#16. Leadership Impacts Discussion & Annual Meeting	Learners will review their personal develop through the various trends of Self-assessment information. The leadership concepts addressed throughout the program will be revisited and integrated. The class will utilize the program to create a systemic methodology to creating sustainable leadership development.	5/14/09 2:00 – 8:30 pm
	Graduation Dinner		Date: TBD 6:30 pm – 9:00 pm